

# A•R•T® Purifying Toner

Age Refining Technology

Cleanse, purify, and rejuvenate  
the surface of the skin



## Product Summary

A necessary step in any comprehensive skin care regimen, Young Living's Purifying Toner helps support cleansing by removing unwanted oil, dirt, and other impurities that can accumulate on the skin. Understanding the therapeutic benefits of pure essential oils in skincare products, Young Living has included frankincense and sandalwood for their ability to visibly revitalize skin, lemon and peppermint to cleanse and energize, and melissa and lavender to soothe and balance. This remarkable formula will purify and rejuvenate the skin's surface, restoring a firm and healthy-looking complexion.

## Product Story

The natural process of aging can have a negative effect on the texture, tone, and appearance of skin. As we age, our skin is repeatedly exposed to harmful chemicals and damaging sunlight. Over time, this exposure causes significant damage to DNA, and eventually the skin starts to thin, age spots appear, and uneven skin tone, enlarged pores, and wrinkle formation result.

Aging also weakens the body's ability to produce collagen and moisture, making it more difficult to maintain a healthy pH balance. If skin pH becomes too alkaline, then the natural moisturizing complexes and barrier properties of skin are compromised. This can allow allergens to enter the skin and cause the skin to dry out, which accelerates the formation of fine lines and wrinkles.

To actually restore your complexion's vibrant, youthful appearance, you must repair DNA, build healthy collagen, and maintain nourished and hydrated skin. Young Living has combined pure, therapeutic-grade essential oils, DNA recovery technology, and collagen-

enhancing ingredients to create a line of quality skin care products that can combat the visible signs of aging at the cellular level, renewing younger-looking skin.

Young Living's Age Refining Technology Skin Care System includes a Gentle Foaming Cleanser, Day Activator, and Night Reconstructor cream. Adding the Purifying Toner to this skincare regimen will further improve the appearance of dry, sun-damaged skin by enhancing pH balance, reducing pore size, and restoring a softer, smoother complexion. Used in conjunction with the A•R•T Skin Care System, the Purifying Toner provides a more complete, more effective skincare regimen.

## Primary Benefits

- + Minimize oily shine
- + Enhances pH balance
- + Reduces the appearance of pores
- + Smooths and softens skin

## What Makes This Product Unique?

Typically, toners are positioned as a final step in cleansing and generally work as stripping agents that remove excess oil and other residue from the surface of the skin. However, they can also contain harsh, inexpensive astringents that can be extremely drying to skin.

Utilizing the same high-quality ingredients as the other A•R•T products, Young Living's A•R•T Purifying Toner helps cleanse, energize, and revitalize the surface of the skin. Relying on skin-soothing essential oils and witch hazel extract, the Purifying Toner won't leave skin feeling dry and dehydrated. This mild formula absorbs quickly and leaves skin feeling clean, smooth, and soft.

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## Who Should Use This Product?

This product is ideal for adult men and women concerned with protecting their skin and reversing the appearance of aging by correcting UV and oxidative damage and preserving firmness, elasticity, and even skin tone well into their middle and late stages of adulthood. As men and women become more aware of their skin's vulnerability to aging, they are taking early preventative measures, including investing in quality skin care products, to ensure longevity of younger-looking skin.

## Did You Know?

- + The alcohol content in the Purifying Toner was denatured with peppermint essential oil, keeping the formula clean, natural, and free of synthetic preservatives.
- + Lavender soothes burns, cuts, and wounds, while also preventing the build-up of excess oil in the skin.
- + Frankincense and sandalwood have the ability to repair DNA, helping reverse the signs of sun damage and aging in the skin.
- + Grape seed extract is a potent antioxidant that can help protect skin from free radical damage.
- + Allantoin, aloe, and vitamin A deliver skin-softening benefits that nourish, protect, and hydrate skin.

## Key Ingredients

The essential oils of frankincense, sandalwood, lemon, peppermint, lavender, and melissa; witch hazel, Aloe Barbadensis Leaf Juice, allantoin, and retinyl palmitate (vitamin A).

## How to Use

For best results, thoroughly clean the skin with the A•R•T Gentle Foaming Cleanser, and sweep Purifying Toner over face with a cotton ball. Apply the A•R•T Day Activator or Night Reconstructor cream over the Toner. All of the A•R•T products should be used in the morning and again in the evening.

## Warnings

For external use only. Store in a cool, dry place.

## Complementary Oils

The single essential oils of sandalwood, frankincense, lavender, melissa, and lemon, all included in the Purifying Toner formula, can be used aromatically and applied topically to enhance your skin care regimen and improve the condition of skin. Young Living carries many other essential oils that are recommended for skin care as well: helichrysum, *Melaleuca alternifolia*, grapefruit, orange, Citrus Fresh™, Gentle Baby™, and Believe™.

Caution: Citrus oils including lemon, grapefruit, orange, and Young Living's Citrus Fresh blend contain photosensitizing properties and may be irritating when applied directly onto the skin. If citrus oils are undiluted and applied externally, sun exposure should be limited for approximately 12 hours after use (48 hours for bergamot).

## Complementary Products

A•R•T Skin Care System, NingXia Red®

## Frequently Asked Questions

- Q How does the A•R•T Purifying Toner compare to Sandalwood Toner?
- A Like the Sandalwood Toner, the A•R•T Purifying Toner contains the essential oil sandalwood to help soften, hydrate, and revitalize damaged skin. Young Living enhanced the Purifying Toner with five other key essential oils including frankincense, lavender, melissa, lemon, and peppermint for their ability to work synergistically with the other A•R•T products, helping maximize the anti-aging benefits and accelerating the results.
- Q Since many essential oils can be drying to the skin and most toners strip skin of moisture, should someone with dry skin avoid this product?
- A The A•R•T Purifying Toner contains witch hazel extract, allantoin, and aloe to help moisturize and condition skin. Although some essential oils can be drying when applied directly to the skin, the essential oils in this formula have been carefully selected for their skin-nourishing properties and are delivered in amounts that won't leave skin feeling dehydrated. However, since certain skin conditions, skin type, diet, sleep, age, and sun exposure all effect the level of moisture in skin, it is recommended that you adjust usage of the A•R•T Purifying Toner, Day Activator, and Night Reconstructor products according to your personal skincare needs.